

# MAY 2018 NEWSLETTER

## CENTER STAFF

**Sharon Brassard**  
Recreation Director

**Mona Stankovich**  
Administrative Assistant

**Kera Ashline**, Cook

## **SOUTH BERWICK SENIOR CENTER**

71 Norton Street  
South Berwick, ME 03908

seniorcenterassist@yahoo.com  
207-384-3310



**THE CENTER WILL BE CLOSED ON  
MONDAY, MAY 28TH IN OBSERVANCE  
OF MEMORIAL DAY**



## ADVISORY COUNCIL

**Richard Ashline**

**Chris Boucher**

**Louise Fournier**

**Norbert Hilton**

**Bernie Labonte**

**Joan Labonte**

**Bettina Laverriere**

**Susan Sullivan**

**Marlene Taylor**

### **CINCO de MAYO WITH AL, BOB AND ANN WEDNESDAY, MAY 2ND AT 11:00AM**

Cinco de May will be celebrated in style today. Our hope is that the bluegrass band will play the Mexican hat dance...especially since we will have hats available to add to the fun. Lunch is a build-your-own taco buffet. Come and join the fun.  
\$8.00/members                      \$9.00/nonmembers



### **MOTHER'S DAY AND JOSE—A GRAND CELEBRATION WEDNESDAY, MAY 9TH at 11:00 AM**

With the help of Jose Duddy, we will be honoring all of the wonderful women in our lives. The celebration begins at 11:00am, as we welcome one of our favorite entertainers back to the Center. All daughters, mothers, grandmothers and special women in our lives are welcome to join us. Great music, gifts and lots of raffles. Suggested donation: \$8.00/members                      \$9.00/nonmembers



### **WELCOME BACK "THE SINGING TROOPER" WEDNESDAY, MAY 16TH AT 10:45 AM**

In honor of Armed Forces Day and the upcoming Memorial Day, we welcome back Daniel Clark, "The Singing Trooper". If you have never joined us for this program, you will definitely want to be there. Make a reservation early, as this event fills up quickly., Please note that the entertainment begins at 10:45am and the cost of this luncheon will be \$10.00 for both members and nonmembers. Suggested donation: \$10.00/members and nonmembers



### **MEMORIAL DAY PICNIC WEDNESDAY, MAY 23RD at 11:00 AM**

You won't want to miss our annual Memorial Day picnic. The third grade class from Central School will be here at 11:30am to present their Memorial Day program under the direction of Kate Smith. They have practiced hard and this program is wonderful. Suggested donation: \$8.00/members                      \$9.00/nonmembers



## 22ND ANNIVERSARY CELEBRATION WITH ROGER CLEMENT WEDNESDAY, MAY 30TH



It has been 22 years since the doors opened to our great Center. To make this day special, Roger Clement will be here with wonderful entertainment. We will have delicious chicken kabobs prepared by Chef Mark for lunch. This day is about you and your helping to make our Senior Center a place filled with laughter, friendship, enthusiasm and love. This is a great day to bring a friend and share the special place you have found.

Suggested donation: \$8.00/Members \$9.00/Nonmembers



In Memory of Patricia Adams  
by  
Mary Ellen Buckley

In Memory of Dick Dionne  
by  
Jeanette Birch  
Mary Ellen Buckley  
Gladys Bostrom

Dan and Sharon Brassard  
Gerry and Loris Daley  
Mark Dunlap  
Rose Marie Fenton

Cynthia Foley  
Emmy Goodwin  
Mark and Trudy Joncas  
Louise Fournier and Joe Poisson  
Conrad and Gloria Lebrun

Doris Meserve  
Sylvia Miller  
Brian, Mona and Luke Stankovich and Layla  
Harry and Barbara Turner  
B and RH Associates, Inc.

**50/50** OUR FIRST 50/50 RAFFLE DRAWING WILL BE MAY 2ND FOR \$100. IF YOU HAVE NOT YET PURCHASED YOUR RAFFLE TICKET, IT IS NOT TOO LATE. TICKETS ARE AVAILABLE FROM ANY ADVISORY COUNCIL MEMBER OR AT THE FRONT DESK. COST IS ONLY \$10.00. BUY ONE TO WIN!

**OUR CHESS CLUB IS MEETING IN THE LIVING ROOM EVERY THURSDAY AT 1:00PM. PLEASE NOTE THAT THIS IS A TIME CHANGE FROM LAST MONTH. ANYONE INTERESTED IS WELCOME TO JOIN.**



### CHECK OUT THE LARGE PRINT LIBRARY

Because of the very generous memorial donations made in memory of Marianne Boardman, it has been possible for us to purchase new large print books for the Bo Boardman Memorial Library. A variety of new books by your favorite authors are now available for you to check out.



## LOBSTERFEST AT INDIAN HEAD WITH JOSE DUDDY—JUNE 4TH AND 5TH



There is a group of over 40 headed to our June Lobsterfest at Indian Head Resort in Lincoln, NH and there is still time to join us. We will leave the Center on Monday, June 4th at 9:30 AM and return on the 5th. Jose Duddy will entertain both afternoon and evening. Cost includes transportation, driver gratuity, Lobsterfest, afternoon and evening entertainment, dinner and breakfast, and an overnight stay. Cost is \$245/single, \$195/double, \$182/triple, \$175/quad. **FULL PAYMENT IS DUE NOW.**



## SHOWBOAT - THURSDAY, JULY 19TH INTERLAKES SUMMER THEATRE





















Our first summer theatre adventure will be to see Showboat. The daughter of a riverboat captain falls in love with a charming gambler, but their fairytale romance is threatened when his luck turns sour. We will stop at Patrick's Pub for lunch and meal choice is chargrilled chicken or baked haddock. Cost is \$92.00 per person. This includes transportation, driver gratuity, show and meal. Only 30 tickets available.

## NEWSIES—WEDNESDAY, AUGUST 15TH INTERLAKES SUMMER THEATRE

Our final theatre adventure is Newsies, which is based on the real-life Newsboy Strike of 1899. The story of a rebellious newsboy who dreams of a life as an artist away from the big city. We will again stop at Patrick's Pub. Meal choice will be Roast Sirloin with Au Jus or Baked Haddock. Cost is \$92.00 per person, which includes transportation, driver gratuity, show and meal. Only 30 tickets available.



# MAY MENU

	<b>MAY 2 (W)</b>	<b>Cinco de Mayo, Al, Bob and Ann Build-a Taco</b>	
	<b>MAY 3 (T)</b>	<b>Corn Chowder, Salad and Sandwiches</b>	
	<b>MAY 9 (W)</b>	<b>Happy Mother's Day with Jose Oven Fried Chicken</b>	
	<b>MAY 10 (T)</b>	<b>Soup, Salad and Sandwiches</b>	
	<b>MAY 16 (W)</b>	<b>Early Memorial Day and "The Singing Trooper" Pork Roast</b>	
	<b>MAY 17 (T)</b>	<b>Soup, Salad and Sandwiches</b>	
	<b>MAY 23 (W)</b>	<b>Memorial Day Picnic Hot Dogs and Root Beer Floats</b>	
	<b>MAY 24 (T)</b>	<b>Soup, Salad and Sandwiches</b>	
	<b>MAY 30 (W)</b>	<b>22nd Anniversary Party with Roger Clement Chicken Kabobs Prepared by Chef Mark</b>	
	<b>MAY 31 (T)</b>	<b>Soup, Salad and Sandwiches</b>	

## MEAL INFORMATION



**PLEASE NOTE:** Reservations are required for all Wednesday meals and must be made 48 hours in advance. You must cancel by Monday for a Wednesday meal or you will be charged for that meal. The suggested donation for a meal is \$8.00/members and \$9.00/nonmembers. If you would like to join us for a meal, but cannot afford to pay, please see Sharon and arrangements will be made confidentially.

**CANCELLATION POLICY:** In the event of inclement weather, please watch WCSH6 or WMTW8 . Our policy is that if school is cancelled for RSU 35, the Center will be closed.

**DON'T FORGET:**  
Thursdays are a la carte.  
No reservations required!!

**REMINDER:**  
All beverages are free with a Wednesday meal.  
Otherwise, \$.50 per cup (no free refills)  
Thank you for your cooperation.

# MAY 2018

Mon	Tue	Wed	Thu	Fri
	<b>1</b> 9:00am 2 Mile Walk 1:00pm Cards Mahjong	<b>2</b> 9:00am 2 Mile Walk 10:00am Line Dancing 11:00am <b>CINCO de MAYO WITH AL, BOB AND ANN</b> 1:00pm Bridge 	<b>3</b> 9:00am 2 Mile Walk 10:15am Beg. Line Dancing 11:30am LUNCH 12:00 Noon Whist/Cards 1:00pm Chess	<b>4</b> 9:00am 2 Mile Walk
<b>7</b> 9:00am 2 Mile Walk 12:30pm Cribbage 1:00pm Bingo	<b>8</b> 9:00am 2 Mile Walk 1:00pm Cards Mahjong	<b>9</b> 9:00am 2 Mile Walk 10:00am Line Dancing 11:00am <b>MOTHER'S DAY AND JOSE</b> 1:00pm Bridge 	<b>10</b> 9:00am 2 Mile Walk 10:15am Beg. Line Dancing 11:30am LUNCH 12:00 Noon Whist/Cards 1:00pm Chess	<b>11</b> 9:00am 2 Mile Walk
<b>14</b> 9:00am 2 Mile Walk 12:30pm Cribbage 1:00pm Bingo	<b>15</b> 9:00am 2 Mile Walk 1:00pm Cards Mahjong	<b>16</b> 9:00am 2 Mile Walk 10:00am Line Dancing 10:45am <b>"THE SINGING TROOPER"</b> 1:00pm Bridge 1:30pm Collette 	<b>17</b> 9:00am 2 Mile Walk 10:15am Beg. Line Dancing 11:30am LUNCH 12:00 Noon Whist/Cards 1:00pm Chess	<b>18</b> 9:00am 2 Mile Walk 11:00am <b>RED HAT GALA</b> 
<b>21</b> 9:00am 2 Mile Walk 12:30pm Cribbage 1:00pm Bingo	<b>22</b> 9:00am 2 Mile Walk 1:00pm Cards Mahjong	<b>23</b> 9:00am 2 Mile Walk 10:00am Line Dancing 11:30am <b>MEMORIAL DAY PICNIC AND CENTRAL SCHOOL 3RD GRADERS</b> 1:00pm Bridge 	<b>24</b> 9:00am 2 Mile Walk 10:15am Beg. Line Dancing 11:30am LUNCH 12:00 Noon Whist/Cards 1:00pm Chess	<b>25</b> 9:00am 2 Mile Walk 10:00am <b>ZENTANGLE</b> 
<b>28</b> 9:00am 2 Mile Walk 12:30pm Cribbage 1:00pm Bingo	<b>29</b> 9:00am 2 Mile Walk 1:00pm Cards Mahjong	<b>30</b> 9:00am 2 Mile Walk 10:00am Line Dancing 11:00am <b>ANNIVERSARY CELEBRATION WITH ROGER CLEMENT</b> 1:00pm Bridge 	<b>31</b> 9:00am 2 Mile Walk 10:15am Beg. Line Dancing 11:30am LUNCH 12:00 Noon Whist/Cards 1:00pm Chess	

# What's Happening at the Center

The Center is open Monday through Friday. We will, however, close the Center in the event of snow or bad weather. Tune into Channel 6 or 13. If RSU 35 is closed, we will be closed as well.

## TIME FOR CARING

### FOOT CARE CLINIC

- 5/24** Provided by Lorraine Thomas from York Hospital the 4th Thursday of each month. Call 384-3310 to schedule an appointment.
- 6/13** HomeHealth Visiting Nurses will be providing foot care the 2nd Wednesday of every other month. Call 1-800-660-4867 for an appointment.

### BLOOD PRESSURE CHECKS

- 5/9** If you would like a blood pressure check, South Berwick Emergency Rescue will be providing free blood pressure checks from 10:00 to 11:00 AM the second Wednesday of each month. Feel free to drop into Rescue for this service

## MOVING AND GROOVING

### LINE DANCING

Wednesdays: 10am-11:30am  
 Thursdays: Beginner Class 10:15am-11:30am  
 DONATION: \$1.00

### INDOOR WALKING VIDEO

Monday through Friday  
 9am (2 mile walk)  
 DONATION: \$1.00

## FUN AND GAMES

### MONDAY

\*CRIBBAGE: 12:30pm/Dance Room  
 BINGO: 1pm/Dining Room  
 10 cents per game

### TUESDAY

\*CARDS: 1:00pm/Dance Room  
 \*MAHJONG: 1:00pm/Dining Room

### WEDNESDAY

\*BRIDGE: 1pm /Dance Room  
  
 MORE PLAYERS NEEDED  
 EVERYONE IS WELCOME  
 \*denotes free activity

### THURSDAY

\*WHIST: 12:00 Noon  
 in the Dance Room  
 \*CARDS: 12:00 Noon  
 in the Dining Room  
 \*CHESS: 1:00pm/Living Room

**FRIDAY. MARCH 16**  
 ZENTANGLE: 10:00am

**SOUTH BERWICK SENIOR CENTER**

71 Norton Street  
 South Berwick, ME 03908  
 1-207-384-3310  
 seniorcenterassist@yahoo.com

The South Berwick Senior Center is a gathering place for anyone over the age of 50 to enjoy good times, good food and good friends. The Center offers a wide range of activities from board games to exercise classes to line dancing, as well as opportunities for travel and adventure or the chance to just sit down and have a cup of coffee with a friend. There is always something going on at the Center, so come and check it out! We are open Monday through Friday and we are located in the South Berwick Community Center at 71 Norton Street. If you have any questions or need directions, please call or send us an email. We look forward to hearing from you!

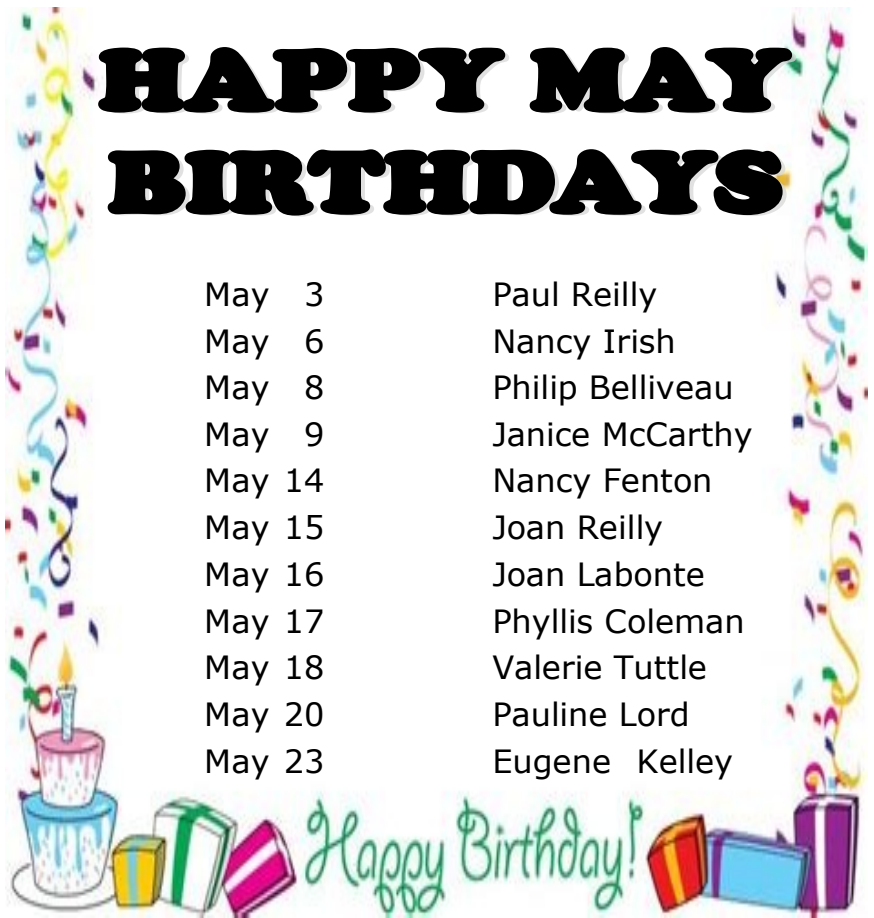
**VOLUNTEER INFORMATION**

The Senior Center simply would not function if not for all of the wonderful volunteers, who give of their time and themselves so generously. We are currently looking for volunteers for our reception desk and for meal help, including meal service and dish duty. We would like to provide a free meal to all our volunteers, but we cannot do so unless we know you are coming, so signing up ahead of time is a must!! If you have any questions, please see Sharon or Mona or call us at 384-3310. Many hands make light work, so the more the merrier!

We are in critical need of volunteers to help with dishes. Please let us know if you can help out.

**HAPPY MAY BIRTHDAYS**

- |        |                  |
|--------|------------------|
| May 3  | Paul Reilly      |
| May 6  | Nancy Irish      |
| May 8  | Philip Belliveau |
| May 9  | Janice McCarthy  |
| May 14 | Nancy Fenton     |
| May 15 | Joan Reilly      |
| May 16 | Joan Labonte     |
| May 17 | Phyllis Coleman  |
| May 18 | Valerie Tuttle   |
| May 20 | Pauline Lord     |
| May 23 | Eugene Kelley    |



**OUR NEXT ZENTANGLE CLASS WILL BE ON FRIDAY, MAY 25TH FROM 10:00AM TO 11:30AM. THIS IS A DATE CHANGE DUE TO THE RED HAT GALA.**



**RED HAT GALA—FRIDAY, MAY 18TH**

The Red Hat Hotties will again host their annual Red Hat Gala on Friday, May 18th. This is a very special day for the ladies in local nursing and assisted living facilities, as they gather at the Center for a day of food and entertainment. Those facilities invited to the Gala include Berwick Estates, Langdon Place, Varney Crossing, St. Ann's and Riverside. It takes a lot of work and effort to make this day happen, so if you would like to lend a hand, it would be greatly appreciated.



**OUR ADVISORY COUNCIL WILL MEET ON FRIDAY, JUNE 1ST AT 10:00 AM. TIME TO MAKE PLANS FOR THE SUMMER!**